


Your own personal Organ Donor Card

Organ Donor Card
acc. to Section 2 of the German Transplantation Act



Organ Donation

Date of birth _____
Last name, First name _____
Street _____ Postcode, Town _____

BZgA Bundeszentrale für gesundheitliche Aufklärung

Organ Donation give life.

If you have any questions, call the Organ Donation Hotline on freephone
0800/90 40 400.

After my death, I declare:
_____ taken from my body after a doctor has
_____ for the use of organs and tissue, **except** the following:

YES, I give my permission, but **only** for the following organs and tissue:
or
 NO, I do not wish organs or tissue to be taken from my body.
or
 The following person should decide YES or NO:

Last name, First name _____
Street _____ Telephone number _____
Postcode, Town _____

Space for **notes/additional information**

DATE _____ SIGNATURE _____

Sick, injured or disabled people can get a second chance in life from receiving an organ or tissue transplant. This can't be done without people declaring themselves ready and willing to donate their organs and/or tissues after their death. Therefore, we ask you to consider making this important personal choice now.

Prerequisites

Organs and/or tissues may only be removed if

- (a) irreversible functional failure of the brain ("brain death") has been established beyond doubt in accordance with the Guidelines of the German Medical Association, and
- (b) consent for removal has been provided.

Age limits

Adolescents over the age of 16 can declare their consent to donate organ and/or tissue without the approval of a parent or guardian. From the age of 14, without approval of a parent or guardian, the Organ Donor Card can be used by the holder to state that they do not wish to donate organs or tissue. There is no fixed age limit for organ donations from adults. The condition of the organs is the decisive factor, and this only partly depends on the actual age of the donor. All organs and tissues are thoroughly examined before any transplantation. For this reason, there is no need to have a prior medical examination in order to donate your organs and/or tissues after your death.

You can donate the following organs:

Heart, lungs, liver, kidneys, pancreas, intestine.

You can donate the following tissues:

Cornea and sclera of the eyes, heart valves, skin, blood vessels, bony, cartilaginous and soft tissue, as well as tissue obtained from the pancreas and liver. In contrast to organs, such tissues are generally not transplanted directly. Rather, they are preserved and temporarily stored in tissue banks until a suitable recipient is found. Medical progress has resulted in the increasing use of donated tissues for producing medicines.

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Bundeszentrale
für
gesundheitliche
Aufklärung

 **Organ Donation**
give life.

If you have any questions, call the Organ Donation Hotline on freephone
0800/90 40 400.

On the front of your Organ Donor Card, enter your surname and first name, date of birth and address.

Make your own personal decision

Permission can be given either by a donor's personal written declaration of consent or by a person designated by the donor. Relatives can also give their consent to organ removal on behalf of the deceased. The Organ Donor Card gives you the opportunity to document your decision in favour of or against donating your organs and/or tissues. The card is an official and legally binding document that ensures your own personal wishes will be respected. **Organ Donor Cards are not registered.** If you want to change your decision, simply destroy the old card and fill out a new one.

Documenting your decision also relieves your relatives of a great burden. If your wishes have not been documented, your relatives have to decide what to do based on what they know or presume to be your wishes at your death. If the presumed wishes cannot be determined, the relatives are asked to decide in accordance with their own personal views.

Transplant Registry

A Transplant Registry has been established to improve and further develop the availability of medical care related to transplantations, and to increase the transparency of organ donation processes in Germany.

If you have declared your willingness to donate organs, or if your relatives agree to such an organ donation on your behalf in the absence of a formal declaration, your medically relevant data shall be entered pseudonymously into a registry, i.e. strictly encoded to prevent any recognizable identification features such as name and address, and linked to the medically relevant data of potential organ recipients.

If **organ/tissue donation for transplantation** is possible **after my death**, I declare:

YES, I give permission for organs and tissue to be taken from my body after a doctor has certified my death.

or **YES**, I give permission for the use of organs and tissue, **except** the following:

or **YES**, I give my permission, but **only** for the following organs and tissue:

or **NO**, I do not wish organs or tissue to be taken from my body.

or The following person should decide YES or NO:

.....
Last name, First name

.....
Telephone number

.....
Street

.....
Postcode, Town

.....
Space for **notes/additional information**

.....
DATE

.....
SIGNATURE

On the back side of the card you are offered a choice of five possible decisions. Please mark only one of these options.

1. If you mark the first option, you unconditionally agree to the removal of organs and tissues from your body after death.
2. If you mark the second option, you exclude certain organs and/or tissues from being removed. You must specify these organs and/or tissues to be excluded.
3. If you mark the third option, you restrict removal to certain organs and/or tissues. You must specify these organs and/or tissues to be included.
4. If you mark the fourth option, you reject any and all removal of organs and tissues.
5. If you mark the fifth option, you transfer the decision to another person, whose name you must indicate here. Please inform this person of your decision. It is also suggested that you enter the contact details of this person directly on the Organ Donor Card.

You can use the line "Notes/Additional Information" to enter the name and telephone number of a trusted person to be notified in the event of your death. You must date and sign the Organ Donor Card before it is valid.

Please fill out the Organ Donor Card clearly and legibly, and keep it with the personal papers you always carry on your person. Inform your relatives of your personal decision.

The Organ Donation Hotline of the Federal Center for Health Education (BZgA) in collaboration with the German Transplantation Foundation (DSO) will answer your questions under the freephone number **0800 90 40 400** Monday to Friday from 9 a.m. to 6 p.m. You can also send questions by email to the Hotline at infotelefon@organspende.de.

Further information is also available online at www.organspende-info.de.